

# — WARM-UPS



This overview provides a selection of warm up games that you can use in projects and workshops. They are not only fun but are also useful in different situations – the category shows you which game serves which purpose.

<b>ENERGIZER</b>	Danish Clapping	Lucky Lachs	Clapping Game	Grandma, Tiger, Ninja	Crazy Professor
<b>ICE BREAKER</b>	Line Up	Bingo	Superpower & Kryptonite	30 Second Portrait	Speech Bubbles
<b>TEAM BUILDING</b>	Lost at Sea	Spaghetti Tower	Paper Plane	Space Shuttle	Business Model
<b>CREATIVITY</b>	Visualize it	30 Circles	Mime Objects	Lego Ducks	Story-Cubes
<b>FOCUS</b>	Stop & Go	Restaurant	1, 2, 3	Gorilla	A, B, C
<b>EMPATHY</b>	2 Truths, 1 Lie	Smiley Check-in	Energy Percentage	Weather Report	Party, Park, Prison

If you would like to know how the warm ups work, reach out to us at [info@mindshift.one](mailto:info@mindshift.one).